



Community Ventures cic

Provider of Mental Health Services to the Criminal Justice System

Prison Service under fire
What we can do for you

Our Service Range

Contact Donna Adams for an initial discussion

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Energise

Empower

Enable

Engage

Prison Services

Are under fire:
from within -

- *Increasing incidences of Mental Illness in Prison*
- *Growth in Prison Population*

- *Services under pressure*
- *Current provision inadequate*

and without -

- *Constantly changing scene*
- *Economy?*



**We understand
the demands of
the prison
environment.**

Readiness for reforms ahead.

- *Prison reform*
- *Greater - Private Sector involvement*
- *Payment by Results*

**We are well placed to
help you face the
challenges ahead
arising from the
reforms.**

How are you doing against the new measures?

- Financial
 - Balance of Services
 - Partnership Commitments
 - Reoffending

 - **Targets**
 - **Measures**
- Safer Custody
 - **Self Harm / Suicide**
 - **ACCT**

 - Engagement

Are you ready?

All staff in prisons, including front line Officers, Safer Custody teams, day care staff, Prison Management, commissioners and providers of services in prison will all have to work much more closely if we are to satisfy the demands of the changes ahead.

Creativation can support you through this.

What we can do for you

Cost Effective
Ease the pressure

Mental Health
expertise

Let us take the pressure off you.

We offer a breadth of mental health experience a creative approach and a tenacious drive to deliver quality and cost effective support.

Our core approach:

Energise and inspire individuals'' to see differently by listening and **Empower** them to develop their own solutions. We then provide them with tools to **Enable** them to take the steps towards positive change. We provide on-going support to **Engage** them on their journey.

Energise

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We develop tailored services to match specific needs taking into account everyone involved. We can undertake pilot studies or research to spec out suitable services for you.

Our services can be highly focused or all-encompassing: from a single working session to long term project management of your mental health services.

We recognise the daily challenges faced by prison officers in supporting offenders with mental health difficulties. Our services support and complement their efforts.

- Tailored Services
- Total Project Management
- Pilot studies
- Research

Improve your Safer Custody performance

Who are we?

We are an independent social enterprise formally established in 2010.

Our Directors and core team all have at least a decade of voluntary sector experience within mental health settings.

We have developed, managed and operated a broad range of services for individuals. Our experience allows us to identify and create services appropriate to specific needs.



Improving life choices for those who face difficulties around Mental Health.

Our team were engaged with operation of successful services for other providers prior to formation of this independent social enterprise.

We pioneered an effective well-being course at **HMP Swinfen Hall**.

The service received awards, in 2009, from CSIP and WHO.

HM Prison Services Package

Our initial development efforts at Swinfen evolved into a full suite of services at HMP Birmingham adopting a positive partnership approach:

300+ offenders supported over a 2 year period.

Measureable reductions in:

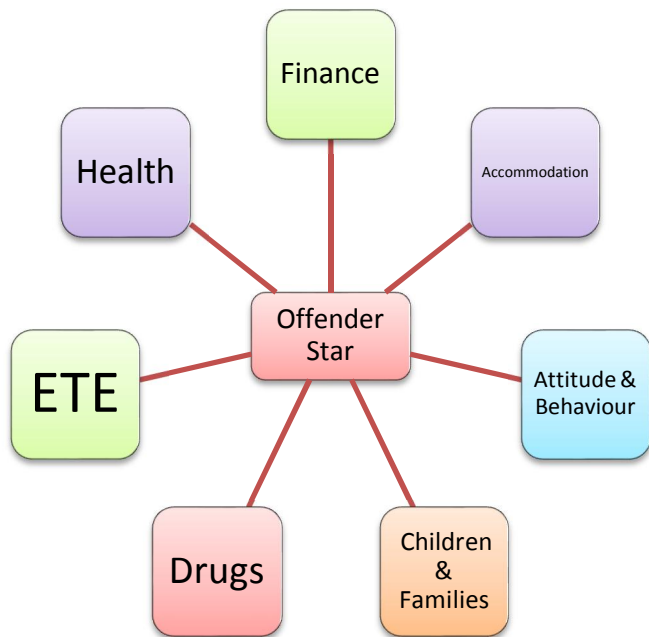
- **Self-Harm incidents,**
- **ACCT,**
- **Re-offending.**

Cost Effective



Our services are flexible and responsive to changing needs, identify gaps and work with partners to new create services where necessary.

Well-being course



Our 10 week well-being course is structured around the **NOMS seven pathways** to reducing re-offending. Each course supports 8 carefully selected offenders and takes them through a programme that:

- Raises awareness of their own mental health;
- Provides guidance on healthy living;
- Improves their communication and relationship building skills;
- Helps them to cope with their particular difficulties.
- Builds their confidence and resilience.

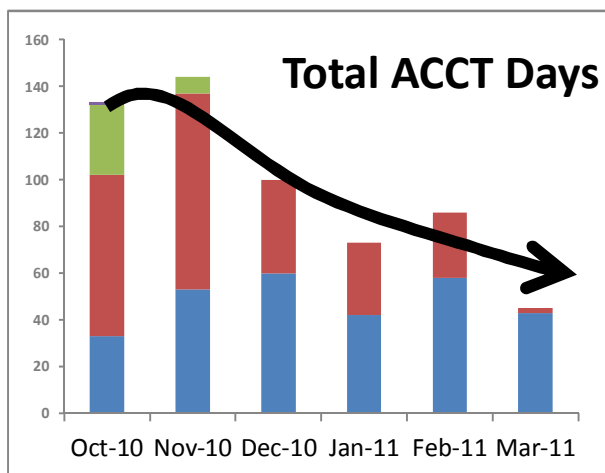
The course provides lasting skills that prepare participants for life back in the community and has contributed to reduced re-offending rates. From an initial pilot, the course has evolved over the past 2 years. Every course is tailored to the specific needs of the group and individuals involved.

Wing Support

The course only provides one element of support. We also offer one to one support, other group activity (e.g. music and art groups) and undertake regular 'wing walks' providing informal spot support, signposting and officer support.

At any one time, our small team of mental health workers / volunteers were actively supporting up to 90 individuals from across the prison.

Reducing Self-Harm



Our work resulted in measurable reductions in total days committed to the ACCT process. This provided real savings and freeing officers' time for regular duties. The 'savings' alone present a valid business case.

We have a positive reputation with prisoners and staff across the prison for delivering a quality service.

Our reach extends to every area of the prison.

Mentor Development

We also encourage individuals who have previously undertaken the course to continue in a supporting role, subject to security clearance and aptitude to support others.

The role of a mentor on the wing is to act as a sign post for individuals who may benefit from our support; Yellow Creativation T shirts ensure mentors are easily identifiable. Mentors supporting the Day-care or wing courses may provide additional support around literacy issues whilst in the group. We were also fortunate enough to have retained one of the mentors to assist with the Day-care group for some months. This has had a huge impact on their confidence and that of newcomers to the group.

A recently released Day-care mentor has now gone onto mentor within a community organisation, crediting our support for helping to establish a firm base on which to now build on.

Key Features of our services

Customer needs – we create services to exactly match your requirements.

- We work closely with commissioners
- All clients are fully risk assessed prior to engagement.
- We listen to and support officers and adapt our services where appropriate.
- We provide a full management reports to agreed targets.
- Our services are aligned to HMPS targets.

Quality – our services comply with strict quality requirements:

- We have a full set of procedures in place to match voluntary sector best practice
- Aligned to HMPS processes
- Positive feedback and increasing referral rates

Client Focus – our services are structured around our mutual clients.

- Our mental health expertise allows us to work with most individuals.
- Our services are flexible and modular so we can respond quickly to changing needs.
- We support beyond prison and into the community.
- We sign post where necessary.

Partnership working – our services integrate with existing provision

- We foster working partnerships with other providers.
- We source external expertise as necessary.
- We aim to offer a 'one stop shop' approach.

Demonstrate – 'Don't just take our word for it – allow us to show you results'.

Testimonials – feedback from letters and end of course presentation.

"Thank you for the all the work and support you have given me and still do. If it wasn't for Creativation and yourself and Andy, I know for sure, I would still be self-harming and wouldn't want to live. I was a total mess when I first came to Creativation class and now, some months down the line, you both have given me a new lease of life."

U - Thank you letter.

"Before I have a very low opinion of life and those closest to me but now I would like to share that life is a gift within its own right. You might be in prison now, but you won't be forever. When times are hard, remember you have got each other and different support networks available. I would like to say a big thank you to Donna and Sue for the support they have gave and the new links they made possible."

C - presentation

"This course has helped me become more aware of ill health issues that I have been experiencing and understand the different systems and knowing who to turn to when I feel in crisis or in need of help. The course has opened my eyes to a range of differences and given me tools and strategies to help me stop self harming and move forward with my life."

J - presentation

"[The course] gives you the knowledge and problem solving techniques to manage your illness better.....

... I'm still involved in Creativation course. I get one to one after care support. When I get released, I will still be working with them to help me stay focused and be part of my successful rehabilitation back into the community."

B - presentation

"This course has given me more self belief and self esteem about myself. It has helped me listen and find new ways of dealing with everyday life. Donna and Sue are always there to help us, plus the lads on the course was great and easy to get on with."

M - presentation

"I have previously been involved with several other mental health teams and have never received the backup that I was promised by these other teams. I have to say I lost faith in these types of organisations until I met the team from Creativation, who I believe genuinely care about the people that they help."

D - Letter to Governor.

"As a family, we are extremely grateful that even after his release from prison, Creativation have continued to support and assist him in managing his daily life which has helped me to help him as well. His self-esteem and life is still improving on a daily basis thanks to the techniques and life skills that Ms Adams and here team have taught him and he now has positive plans for the future."

D (parents) - Letter to Governor,

"Thank you for everything Donna. I have attended many courses in the past years and I can truly say Creativation has made change in the way I communicate and think twice before I act."

P - Thank you card

"The course is run as a very relaxed and informal group but carries very important material that seems to come out better in this way of teaching. I feel myself as to start with as very non-confident and negative person now a fully productive member of this excellent team (as a mentor) and a stronger person."

E - presentation

Service Portfolio

Group	Support Services
<p>Criminal Justice</p> <p>Our recent practice has been honed in the prison settings; however, our work is applicable in other mental health areas.</p>	Vulnerability Risk Assessment
	Officer Training
	Think twice course
	Well-being
<p>Individual Support</p> <p>The individual is placed at the core of any service provision. We pay attention to specific concerns to help individuals to resolve their issues in a manner that works for them.</p>	One to One
	Counselling
	Befriending
	Advocacy
	Mentoring
<p>Family / Carer support</p> <p>We recognise that families / carers have needs relating to their caring role and provide support to help them manage.</p>	Telephone Helpline
<p>Group Support / Training</p> <p>We provide additional training and support to individuals in a group setting. Training can be on site or at an external venue. Training and support needs of individuals are assessed prior to engaging on any programme of support.</p>	Mental Health Awareness
	Well-being
	Healthy Living
	Your Diagnosis
	Relating Skills
	Creative Problem Solving
	Creative Workshops
<p>Professionals</p> <p>We can support those working with people in mental distress with direct service support or supplement their professional development.</p>	Mental Health Awareness
	Coaching and Supervision
	Crisis support
<p>Organisations</p> <p>We actively work other providers in mental health to develop mutual services.</p> <p>We also provide services to improve organisational performance via systems and people development.</p>	Partnership Working
	Team Building
	Employee Assistance
	Service Development & Management
	Performance Management
	Quality Assurance